

Detailed Standards Alignment

How Spending Ed, the DIMS - DOES IT MAKE SENSE? SCORE Calculator and mindful spending workshops map onto current U.S. national economics and personal finance teaching standards.

National Content Standards in K–12 Economics

Council for Economic Education (3rd ed., 2025)

Standard	Benchmarks Addressed
Standard 1 – Scarcity & Allocation	1.E.12
Standard 2 – Decision-Making	2.E.1, 2.E.2, 2.E.3, 2.E.4, 2.E.5, 2.E.6, 2.E.7, 2.M.1, 2.M.3, 2.M.5, 2.M.6, 2.M.7, 2.H.6
Standard 5 – Business Decisions & Market Structure	5.M.7
Standard 6 – Market Failure	6.E.1, 6.M.2, 6.H.4
Standard 10 – Technology	10.H.4

National Standards for Personal Financial Education

Council for Economic Education & Jump\$tart Coalition (2021)

Strand	Benchmarks Addressed
Spending	4-1 a-c, 4-2c, 4-3 a-b, 4-5 a-c, 8-1 a-b, 8-2 a-b, 8-3 a-c, 12-1a, 12-2 a-c, 12-3 a-c, 12-4a, 12-5 a-c
Saving	4-1 a-c, 4-2a, 4-2c, 4-3b, 8-1b, 8-2a, 8-2d, 12-9a, 12-9c

Alignment by Lesson

A condensed view of the standards addressed by Mindful Spending Workshops and the three PAUSE, PROTECT, and PLAN Quick Start Lesson Plans.

Spending Ed Lessons

Lesson	National Content Standards in Economics	National Standards for Personal Financial Education
PAUSE	1.E.12, 2.E.1, 2.E.3, 2.E.4, 2.E.5, 2.M.1, 2.M.7	Spending: 4-1 a-c, 4-2c, 4-3 a-b, 8-2b, 12-5a Saving: 4-1b
PROTECT	2.E.6, 2.E.7, 2.M.5, 5.M.7, 10.H.4	Spending: 4-5 a-b, 8-1 a-b, 8-2 a-b, 8-3 b-c, 12-4a, 12-5c Saving: 4-1 c, 4-2a, 4-3b, 8-2a, 8-2d
PLAN	2.M.3, 2.M.6, 2.H.6	Spending: 8-1 a-b, 12-1a Saving: 4-2c, 12-9a, 12-9c
Mindful Spending Workshop	2.E.4, 2.M.1, 2.M.3, 2.M.6, 6.E.1, 6.M.2, 6.H.4	Spending: 8-2a, 12-2 a-c, 12-3 a-c Saving: 4-1 a-b, 8-1b
Various DIMS SCORE Calculators, e.g., PETS, FIRST CAR	2.E.2 (Understanding the true cost of a pet.)	Spending: 4-5c, 8-3a, 12-5b (First Car DIMS SCORE Calculator.) Saving: 8-1b

This alignment was prepared by Gifting Sense July 2026.
It has not been reviewed or certified by the Council for Economic Education or the Jump\$tart Coalition for Personal Financial Literacy.
Educators should confirm alignment with their own state or provincial standards.